2014 FLU VACCINE CLINIC	Patient Information
Sante Kildare	
7005, chemin Kildare, Suite 14	HIN:
Cote St. Luc (Quebec) H4W 1C1	Name:
Telephone (514) 397-0777	Expiry:
Telecopier (514) 507-5717	DOB: Sex:

"The flu" is a serious disease caused by the influenza virus. It is very contagious and spreads through infected droplets projected into the air or onto the hands when a person who is infected coughs or sneezes. It can couse serious epidemics. People of any age can catch the flu. While most people are sick for only a few days, some get much sicker and may have to be hospitalized because of a complication such as pheumonia. Influenza causes deaths each year, mostly in the elderly.

## The influenza vaccine can prevent influenza and its complications.

The viruses that cause influenza change their composition from year to year. As a result, the vaccine is updated yearly to make sure that it offers the best protection. Protection against influenza takes about 2 weeks to develop after the shot and can last several months. While the vaccine protects most people against influenza, it is still possible to catch influenza even if you receive the vaccine although the symptoms are often milder. **The vaccine is not effective against viruses that cause colds.** 

In most cases, the vaccine does not cause any serious reaction. The viruses contained in the vaccine are killed and split, so **you cannot get influenza from the vaccine**. The most common side effects are soreness, redness or swelling where the shot was given, and slight fever, headache, and muscle aches. These symptoms resolve within 1-2 days. Very serious reactions such as Guillian-Barre Syndrome occur at an estimated rate of 1-2 cases per million persons vaccinated.

All patients need to wait 20 minutes before leaving the clinic in the event of a serious allergic reaction.

1.	Please indicate whether you meet any of the following criteria: a. Age 60 or older				
	а.	Age of or older		[]Yes	
	b.	Age 6 months to 23 months			
	c.	Serious medical condition: i. Chronic heart disease ii. Lung disease		[ ] Yes [ ] Yes	
	<ul><li>iii. Kidney disease</li><li>iv. Diabetes or other metabolic disease</li><li>v. Anemia</li></ul>				
	vi. Seizure disorder or other neurological dise			[]Yes	
	d.	<ul> <li>Weakened immune system:</li> <li>i. HIV/AIDS or other disease of the immune sii. Long-term treatment with steroids</li> <li>iii. Radiation or drug treatment for cancel</li> </ul>	system	[ ] Yes [ ] Yes [ ] Yes	
	<ul><li>e. Regular contact with persons with chronic diseases</li><li>f. Household or workplace contact with young children</li></ul>				
2.	Are	Are you allergic to eggs? [] No		[]Yes	
3.	Hav	e you ever had a reaction to the flu vaccine?	[ ] No	[]Yes	
4.	Have you ever had Guillian-Barre Syndrome? [] No			[]Yes	
5.	I fee	el well today	[ ] No	[]Yes	

I have read the above information and consent to receiving the flu vaccine today.

Date:

Phone #

Email	address

Thursday, October 02, 2014

PHYSICIAN /NURSE	FLU VACCINE	Lot# Expiry	Injection Site: Deltoid: [ ] Left	
Exam: H/N []	[] Fluviral	[] Agriflu	[ ] Flumist	[] Vaxigrip
Chest       []         CVS       []         Abd       []	Contraindications Adverse reaction Post-shot care discu	[ ] No [ ] No ussed [ ] No	[ ] Yes	